

Build Your Wheel

The Documents Behind the Wheel

A short guide to the roots beneath the mirror

1. Why This Document Exists

The Build Your Wheel tool is designed to be simple enough for the tired reader. But it is not shallow.

You do not need to read these documents before using the Wheel. The tool itself is designed to guide you gently. These documents are offered for transparency, depth, and return.

They explain how the tool should be approached, how the experience must protect the reader, and how the deeper Human Mechanics beneath the Wheel have been translated into a reflective digital instrument.

Mirror first.

Real-Life Examples second.

Mathematics third.

Downloads last.

That means the visitor should never be forced into the roots before using the mirror. Recognition should come first. The supporting documents should remain available for those who wish to understand the structure beneath the experience.

2. The Public Document Path

The documents now sit in a clear public path. Each one serves a different reader and a different depth of attention.

Document	Who it is for	What it helps you understand	Public file
Build Your Wheel - The Documents Behind the Wheel	Visitors choosing where to enter.	How the companion documents fit together and how to choose the right path.	PDF - 5 pages
Build Your Wheel - User Manual	Readers using the tool for the first time or returning to it later.	How to use the tool slowly, honestly, and without turning it into another scorecard.	PDF - 18 pages
Build Your Wheel - Product & Experience Doctrine	Builders, designers, reviewers, and serious readers.	How the tool must behave, speak, protect privacy, preserve dignity, and remain a mirror.	PDF - 24 pages
Build Your Wheel - The Mathematics Behind the Wheel	Deep readers and technically curious visitors.	The proportional reasoning beneath responsibility, support, scale, terrain, purpose, alignment, capacity, cracks, and under-burden.	PDF - 38 pages

3. How to Enter

If you are...	Begin here
Using the tool for the first time	Start Guided Reading. Then read the User Manual if needed.
Trying to recognise your own pattern	Explore the Real-Life Examples before or after building your Wheel.
Looking for practical guidance after seeing your Wheel	Read the User Manual and return to one proportionate next step.
Designing, reviewing, or safeguarding the experience	Read the Product & Experience Doctrine.
Asking whether the Wheel has roots	Read The Mathematics Behind the Wheel.
Auditing or building the calculation layer	Enter any technical appendix only after the Mathematics, and only where it genuinely helps.

4. Build Your Wheel® - User Manual

The User Manual is the best place to begin if you want to understand how to use the Build Your Wheel® tool slowly, honestly, and without turning it into another scorecard.

It is written for the ordinary reader. It explains what the tool is, what it is not, how the Four Arcs are read, how Load and Support work, and how the wider conditions of Scale, Terrain, Purpose, and Alignment shape the current reading of the Wheel.

What this document helps you understand:

- Why the tool is a mirror, not a test.
- How the Four Arcs are read.
- Why Load and Support matter together.
- How to read your Wheel without shame.
- How to use manual adjustment carefully.
- When to save, return, and rebuild your Wheel.
- Why the tool should never replace human judgement or appropriate support.

Document card: Build Your Wheel - User Manual. A plain guide to using the tool and reading your Wheel with honesty, care, and proportion. PDF - 18 pages. Button: [Download the full PDF](#)

5. Real-Life Examples as the Recognition Bridge

The Real-Life Examples are not another technical layer. They are the recognition bridge between the mirror and the roots.

They help the visitor see how the Wheel appears in lived situations before entering the deeper documents. They show that strain is not always failure, that success can still require re-reading, and that a life may be under-burdened as well as overloaded.

They should sit close to the Build Your Wheel experience because examples help readers recognise patterns without forcing them into mathematics too early.

- The Responsible Professional shows how responsibility may sit in one arc while the visible signal appears elsewhere.
- The Founder at Scale shows what happens when consequence widens faster than support.
- The Quiet Under-Burdened Life shows that deficiency can hollow as much as excess can fracture.
- The post-success examples show that applause, exit, retirement, and identity migration also need a Wheel reading.

6. Build Your Wheel - Product & Experience Doctrine

The Product & Experience Doctrine explains how the Build Your Wheel tool must behave, speak, and protect the reader.

It is written for builders, designers, reviewers, and serious readers who want to understand not only what the tool does, but how it must behave. Its central principle is simple:

Read before you repair.

The tool must never become a personality test, diagnostic instrument, gamified self-improvement scorecard, psychological assessment, productivity dashboard, or commercial funnel. It must remain a reflective companion: a mirror.

What this document helps you understand:

- The correct identity of the tool.
- The experience architecture of the guided reading.
- How the Wheel Reading should be presented.
- How privacy, accessibility, and dignity should be protected.
- Why the tool must never become another invisible audience.

Document card: Build Your Wheel - Product & Experience Doctrine. A builder-facing companion explaining how the tool must behave, speak, and protect the reader. PDF - 24 pages. Button: [Download the full PDF](#)

7. Build Your Wheel - The Mathematics Behind the Wheel

The Mathematics Behind the Wheel is the deep root chamber of the Digital Companion. It explains the structured reasoning beneath the Build Your Wheel tool without reducing human life to numbers.

The mathematics does not define your life. It only helps the mirror remain consistent.

This document is for deep readers, technically curious visitors, builders, reviewers, and serious critics. It shows that the Wheel is not merely poetic metaphor. It is a disciplined way of reading human load, support, terrain, scale, purpose, alignment, capacity, strain, and return.

What this document helps you understand:

- Why responsibility behaves like weight.
- How the Four Arcs carry different forms of responsibility.
- Why Support is the public word, while Energy is the deeper root word.
- How Scale multiplies consequence.
- How Terrain increases resistance.
- How Purpose and Alignment affect carrying.
- Why Capacity must be treated carefully.
- How strain, cracks, and fracture differ.
- Why the Wheel reads both excess and deficiency.
- How under-burden can appear when Meaningful responsibility is too thin.
- How the tool translates mathematics into human language.

Document card: Build Your Wheel - The Mathematics Behind the Wheel. The deeper root document explaining the proportional logic beneath the mirror. PDF - 38 pages. Button: [Download the full PDF](#)

8. Technical Appendix for Builders

A deeper technical appendix may also be made available for builders and reviewers who need to inspect the calculation spine directly. It is not necessary for ordinary use of the tool and should not be placed in front of the tired reader.

If made public, it should sit behind the Mathematics document, or be shared only where it genuinely helps. Its purpose would be to explain answer codes, contribution maps, multiplier maps, responsibility and energy normalisation, sustainability, local signal calculation, under-burden logic, and case-study calibration patterns.

Placement principle: the technical appendix belongs after the Mathematics, not before the mirror.

9. Closing Note

These documents are offered for transparency, depth, and return.

Most readers may only need the tool.

Some may need the User Manual.

Some may recognise themselves through the Real-Life Examples.

Builders and reviewers may need the Experience Doctrine.

Deep readers may wish to enter the Mathematics.

Technical reviewers may inspect the calculation appendix only where it genuinely helps.

**The visitor should not be forced into the roots.
But the roots should be there for those who wish to see them.**

The Wheel turns.

Read before you repair. The Wheel turns.